

# Personal Emergency Preparedness Plan

## BEFORE THE EMERGENCY PREPAREDNESS: Plan for a minimum 3-5 days on your own

- Call 211 for information and support - non-emergency event information like community resource center locations, power shutoff area updates, and other social services.
- Call 311 for Citywide Information Center where ambassadors are available to answer residents' concerns
- Call 911 for immediate response from police, fire department, or emergency medical service teams for crimes happening now, suspicious activity, and life-threatening emergencies.
- Add link to Next Door App on your Smartphone
- Neighbors Phone number to call for assistance

Name: \_\_\_\_\_ Cell: \_\_\_\_\_ Landline: \_\_\_\_\_

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## DURING THE EMERGENCY

### STAYING SAFE

- **Use generators and BBQ grills outside only**
- Do not use candles
- Unplug all electronics
- Listen to emergency information on radio or tv
- Know where the closest shelter is (can text: 43362 Type in: Shelter and Zip Code)
- Register with [STEAR](#) (State of Texas Emergency Assistance Registry)

### PREPARE TODAY

- Purchase extra canned goods and other shelf items like peanut butter, tuna and non-perishable foods
- Have a manual can opener
- Store up water- at least 1 gallon per person per day
- Keep medications full and have a backup of one week if possible
- Include pet items
- Charge cell phones and other electronics
- Fill tub, pitchers or bottles with water for non-drinking purposes
- Have extra O2 bottles if on a concentrator

### DURING POWER/WATER OUTAGE

- Leave one light on so you will know when power comes back
- Refrigerator: Food is bad after 4 hours or if temperature is above 40 degrees in the refrigerator
- Freezer: Food can stay safe for up to 24 hours
- Do not open and close your refrigerator



# Emergency Kit Information

An essential part of disaster preparedness is having a go bag that you can grab in an emergency.

## Essential Items:

- Water (at least one gallon per person, per day)
- Food (Canned tuna/chicken, beans and peanut butter)
- Battery-powered or hand-powered radio and extra batteries
- High-powered flashlight
- First aid kit
- Whistle (to signal for help)
- Baby wipes, garbage bags, and twist ties (for sanitation)
- Wrench or pliers to turn off utilities
- Duct tape
- Hand sanitizer
- Medication- add copies of your prescriptions and important documents
- Masks
- Change of clothes

## Power Outage Supplies:

- Battery-operated lanterns/flashlight
- Extra batteries
- Handwarmers
- Make sure firewood is accessible
- Have blankets and warm clothing accessible
- Rechargeable/portable cell phone charger

